

BLACKBIRD PIZZA

Non GMO, handmade vegan pizza from Blackbird Foods with our house-made sauces and toppings
(BBQ, Margherita and Supreme)

11

BURGERS

(all burgers are served with a small green salad)

CLASSIC CHEESEBURGER

grilled onions, tomato, house-made cheese

13

CAPRESE BURGER

plant-based mozzarella, massaged kale greens, tomato and basil pesto

15

FRENCH ONION BURGER

house-made cheese stuffed burger with cashew french onion au jous and caramelized onions

15

PANINIS + SANDWICHES

(all paninis and sandwiches are served with a small green salad)

CAPRESE

massaged kale greens, house-made mozzarella, tomato

12

GREEK GYRO

house-made "lamb", tazitki, red onion and tomato

12

HOT PASTRAMI

house-made vegan pastrami, mustard aioli, cashew cheese

13

MEATBALL GRINDER

house-made plant cheese, basil pesto and tomato sauce

14

PHILLY CHEESESTEAK

house-made steak, cheese and caramelized onions

13

SPINACH & ARTICHOKE PANINI

artichoke, organic spinach and cashew cheese

13

GREENS

CAESAR SALAD WITH GRILLED AVOCADO
massaged greens, garlic roasted chickpea, grilled avocado,

13

HERBED CRAB CAKE SALAD

massaged greens, red onion, tomato, garlic, grilled lemon, oil, himalayan salt, and bleu cheese dressing

13

on grilled ciabatta

14

SIMPLY GREEN

massaged greens, spinach, cucumber, garlic, grilled lemon, oil, himalayan salt, and nutritional yeast

10

BOWLS + SKILLET

SOUTHERN-STYLE CRABBY MAC & CHEESE

macaroni and housemade plant-based cheese

12

make it plain

10

TOFU PICATTA

grilled tofu steak in a lemon caper sauce served over smashed potato

15

SEASONAL VEGETABLE GRAIN BOWL

lemon and parsley french cous cous with grilled seasonal vegetables

15

SIDES + EXTRAS

5

AIR BAKED POTATO WEDGES

BROCCOLI

GRILLED SEASONAL VEGETABLES

LEMON - PARSLEY COUS COUS

LUNCH / DINNER MENU

Vegan Nest

* PLEASE LET US KNOW OF ANY FOOD ALLERGIES BEFORE PLACING YOUR ORDER *
MADE WITH LOVE IN OUR 100% VEGAN (AND MOSTLY ORGANIC) KITCHEN