

## BLACKBIRD PIZZA

Non GMO, handmade vegan pizza from Blackbird Foods with our house-made sauces and toppings  
(BBQ, Margherita and Supreme)

11

## BURGERS

(all burgers are served with a small green salad)

### CLASSIC CHEESEBURGER

grilled onions, tomato, house-made cheese

13

### CAPRESE BURGER

plant-based mozzarella, massaged kale greens, tomato and basil pesto

15

### FRENCH ONION BURGER

house-made cheese stuffed burger with cashew french onion au jous and caramelized onions

15

## PANINIS + SANDWICHES

(all paninis and sandwiches are served with a small green salad)

### CAPRESE

massaged kale greens, house-made mozzarella, tomato

12

### GREEK GYRO

house-made "lamb", tazitki, red onion and tomato

12

### HOT PASTRAMI

house-made vegan pastrami, mustard aioli, cashew cheese

13

### MEATBALL GRINDER

house-made plant cheese, basil pesto and tomato sauce

14

### PHILLY CHEESESTEAK

house-made steak, cheese and caramelized onions

13

### SPINACH & ARTICHOKE PANINI

artichoke, organic spinach and cashew cheese

13

## GREENS

CAESAR SALAD WITH GRILLED AVOCADO  
massaged greens, garlic roasted chickpea, grilled avocado,

13

### HERBED CRAB CAKE SALAD

massaged greens, red onion, tomato, garlic, grilled lemon, oil, himalayan salt, and bleu cheese dressing

13

on grilled ciabatta

14

### SIMPLY GREEN

massaged greens, spinach, cucumber, garlic, grilled lemon, oil, himalayan salt, and nutritional yeast

10

## BOWLS + SKILLETS

### SOUTHERN-STYLE CRABBY MAC & CHEESE

macaroni and housemade plant-based cheese

12

make it plain

10

### TOFU PICATTA

grilled tofu steak in a lemon caper sauce served over smashed potato

15

### SEASONAL VEGETABLE GRAIN BOWL

lemon and parsley french cous cous with grilled seasonal vegetables

15

## SIDES + EXTRAS

5

### AIR BAKED POTATO WEDGES

### BROCCOLI

### GRILLED SEASONAL VEGETABLES

### LEMON - PARSLEY COUS COUS

LUNCH / DINNER MENU

# Vegan Nest

\* PLEASE LET US KNOW OF ANY FOOD ALLERGIES BEFORE PLACING YOUR ORDER \*  
MADE WITH LOVE IN OUR 100% VEGAN (AND MOSTLY ORGANIC) KITCHEN